

Tiddly Winks Newsletter

January 2023

Happy
New Year

Welcome back!

Dear Parents and Carers,

We hope you have all had the most magical Christmas and we would like to wish you a very happy, healthy and peaceful New Year.

On behalf of all the staff, we'd like to take this opportunity to thank you for all the lovely cards, gifts and kind words that we received before the Christmas holidays, we were all very touched by the generosity of our children and families.

We are very much looking forward to another wonderful year together at Tiddly Winks Nursery.

We would also like to extend a very warm welcome to our new families joining us throughout January.

All the best,

Louise & Georgia

Christmas week

The children loved our Christmas week celebrations at the nursery.

We hope you all enjoyed the wonderful Christmas mementos they created and stories of their Christmas dinners, movie and party day with their friends. We're not sure who enjoyed the week more - the children or the adults but there's no denying the awe and wonder in the air was infectious!

Parent admin app

As many of you noticed, we have now transitioned to using the Parent admin app to send all communications from the nursery. Please ensure you are able to access your account and view messages to stay up to date with nursery events and notices.

Children's Mental Health Week 2023

We are pleased to be taking part in Children's Mental Health Week 2023. This year's theme is 'Let's connect' and we look forward to sharing with you the ways in which we will be promoting this throughout the nursery and local community.

Social media

As we continue to look for ways to stay in touch with our families at the nursery, we are pleased to announce that Tiddly Winks Nursery will be launching an Instagram account in the next few weeks. We are so excited to share with you a greater insight into what happens at the nursery between drop off and collection and what your children get up to during the nursery day. We intend to post content such as activities, event details and reminders, links to home learning and other parent information.

Shortly, you will receive a consent form for photos of your child to be included in these posts if you wish (where possible, we will always aim to not have photos of children's faces!)

Once our account is live, we will let you all know and encourage you to 'follow us.'

Dates for the diary

16th January - Chinese New Year

25th January - Burns night

30th January - 5th February
- National Storytelling week

6th-12th February -
Children's mental health week

Parent messages

Medication - Please be aware it is imperative that you inform us when dropping off your child into our care if they have had any medicine in the last 24 hours. If your child becomes unwell at nursery and we have to seek medical advice from the ambulance service, this is one of the first questions they will ask us.

DSL - Your nursery Designated Safeguarding Lead's are Louise and Georgia. Steph and Petra are your deputy DSL's. We understand that the Covid-19 Risk assessments around the nursery limit contact time with your DSL's so we would like to share with you our confidential email address to forward any safeguarding concerns you may have - dsl@tiddly-winks-nursery.co.uk



Children's cups/bottles

In order to support the children's inclination to drink plenty of water whilst they are with us at nursery, we will now be asking all parents to provide a named

beaker or bottle of water that you will bring into nursery with your child every day and take home at the end of the day. It is our hope that the children will feel encouraged to drink water using their own personal cup or bottle. We will continue to provide beakers and cups of water during meal times and cups will still be available to the children on the day should you forget their bottle.

Staff updates

We hope you will all join us in wishing the best of luck to **Jade H** who has decided not to return after her maternity leave. **Jade** has had a wonderful six years at Tiddly Winks and it has been a pleasure to watch her grow as a practitioner and person and being a part of her journey to parenthood. We wish her all the best and with the strictest instructions to not be a stranger!

We are really proud to share that **Avril**, our nursery assistant will be starting her childcare qualification with us this term. We look forward to supporting her on this exciting journey.

Dish of the month - Chicken & Wild Mushroom Risotto

Ingredients

- 50g dried porcini mushrooms
- 1 litre of chicken stock
- 250g pack dessert chestnut mushrooms, sliced
- 8 rashers smoked streaky bacon, chopped
- 50g butter
- 1 onion, finely chopped
- 300g risotto rice or arborio
- 50g parmesan, finely grated
- 500g of cooked chicken (breast or thigh),
- Handful of parsley leaves, chopped



Method

1. Soak the dried mushrooms in 500ml of boiling water for 20 minutes, then drain the liquid into the stock. The mushrooms will have absorbed a lot of the liquid; you should have 1 litre in total.
2. Chop the soaked mushrooms and add them to the chestnut mushrooms.
3. To make the risotto, start by placing half the butter in a frying pan and then cook the bacon in it, then add the chopped onion. When they are soft, add the mushrooms and continue to cook for a few more minutes until soft.
4. Stir through the rice and continue to cook.
5. When you add the final ladle of stock, stir through the chicken to reheat.
6. Add the chopped parsley with the parmesan cheese and remaining butter, then leave everything to rest for a few minutes. After that, stir everything through and serve.

Policy of the month

Our policy folder is now available in the front entrance for all parents and visitors to look through.

In addition, this month, we will be refreshing ourselves with our 'Sleep' policy which is attached to this newsletter.

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